Heality Flages

Dear Beautiful Blesséd Lord,
through the power of the Holy Spirit,
Please go back into our memories as we sleep.
Every hurt that has ever been done to us,
please heal that hurt.

Every hurt that we have ever caused another person, please heal that hurt.

All the relationships that have been damaged in our whole lives that we are not aware of, please heal those relationships.

But, Dear Beautiful Blesséd Lord,
if there is anything that we need to do,
If we need to go to a person because he or she
is still suffering from our hands,

Dlease bring to our awareness that person.

We choose to forgive, and we ask to be forgiven.

Please remove whatever bitterness may be in our hearts Dear Beautiful Blesséd Lord.

Please fill the empty spaces in our hearts with All Your Beautiful Heavenly Love.

Amen.